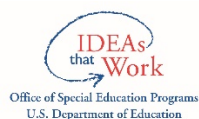


Home Management-Laundry & Clothes Care Checklist

Adapted with permission from the Helen Keller National Center

The purpose of this checklist is to consider some specific skill sets that correlate with living a holistic and successful life and to determine whether the “gaps” are things that you, as the parent, are going to purposely teach; whether partial participation can be expected, or if this is something that needs to be done for their son/daughter, honoring his/her choices as much as possible.

The young adult:	Teach it	Does he/she (or do I) want to learn it?	Partial Participation	Fully support (do for)
Collects items in need of washing				
Sorts laundry				
Loads washing machine/dryer				
Sets dials				
Uses soap				
Uses bleach				
Removes laundry from machine				
Folds/hangs laundry				
Stores clean laundry				
Loads laundry into vehicle				
Carries laundry into residence				
Gets to and from laundry				
Washes clothes by hand				
Hangs wet items on clothes-line				
Mends clothes				
Cleans shoes				
Polishes shoes				
Replaces old/worn clothing				
Irons clothes				



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