

National Center on Deaf-Blindness



Transition Activities

Host the IEP Team

Topic:

Host the IEP Team will help your son/daughter develop work related skills through his/her participation and use of self-determination skills in his/her future planning.

Overview:

There are techniques to consider when encouraging the involvement of your son/daughter in his/her IEP meetings. The meeting atmosphere should adhere to certain principles, so consider requesting the educational team behave in the following manner.

- Be positive — focus on what he/she can do.
- Listen attentively and take notes.
- Give him/her plenty of time to think and respond.
- Use information he/she provides.
- Encourage him/her to ask questions.
- Summarize his/her goals and plans.
- Keep eye contact with him/her. Use humor.

Pre-meeting preparation with your son/daughter can also be helpful. Preparation can promote more active participation in his/her IEP development during the IEP meeting. Help your son/daughter indicate answers (perhaps pre-record for “playing” or “handing out” at the meeting) to the following questions, through his/her best method for expressing thoughts to others:

- What are my learning strengths? Needs?
- How do I learn best? How am I best supported to participate in activities?
- What skills do I want to improve?
- What are my goals for schools?
- What are my career or vocational interests?
- What are your hobbies?

Outcomes for your child’s transition development:

Your son/daughter will increase in his/her work-related skills through his/her participation and use of self-determination skills in his/her individual planning team meetings with school and agency representatives.

Activity Directions:

1. Your son/daughter can work on: balancing paper cups filled with water on a tray, walking and setting it down. Practice outside.
 - a. Make it more fun with a relay with other siblings, peers, or family.
 - b. Start with 1 cup and add 1-2 after successfully completing the mini route.
 - c. If your son/daughter can do this, think of a way to use this skill when his IEP team comes to the house.
 - d. If you son/daughter uses a wheelchair, balance a serving tray on the wheelchair tray. Hand one plated item to each member of IEP team.
2. Involve your son/daughter in each step as appropriate.
 - a. Survey teachers to determine a day and time.
 - b. Your son/daughter adds the event to his/her personal calendar.
 - c. Use either social media, email, or written invitations. Have your son/daughter sign the invitations with signature or name stamp.
 - d. Plan snacks and beverages if relevant.
 - e. Go shopping together and set up for company.
 - f. Have son/daughter share prepared life book; demonstrate anything he/she is proud of. Could be assembly tasks he/she has been working on, routine tasks expected during his/her daily schedule.

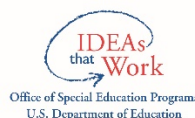
Ways to either Simplify or Increase Complexity:

Ideas for Simplifying Activity

Have your son/daughter help with food preparation and practice his/her greeting so he/she can be the official greeter.

Ideas for Increasing the Complexity of the Activity

Increase your son's/daughter's participation and responsibility for the gathering.



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