

National Center on Deaf-Blindness



Transition Activities

Recreation and Money

Topic:

Recreation and Money will help your son/daughter develop skills and use the supports that will aid in employment success as an adult.

Overview:

The ability to budget money and spend responsibly is a skill that young adults often need help with well into adulthood or even on-going through life. The skills are many and the consequences can be high. Monitored practice over time is the way most people learn the skills necessary to manage money.

The purpose of this activity is to use your son's/daughter's preferences for recreational activity as a topic that teaches a narrow section of skills related to money management.

Outcomes for your child's transition development:

Your son/daughter will increase in his/her abilities in managing money in relationship to recreational interests - through increased experience and reflection on those experiences.

Activity Directions:

1. Use the template in the Resources section with your son/daughter.
2. From the information in the template, choose an activity for which your son/daughter can earn enough money to cover the cost himself/herself.
3. Have him/her put that activity on his/her calendar and then facilitate the successful completion of the activity.

Resources:

What I Like to Do

Activity	Cost	Time	Location	Transportation

Ways to either Simplify or Increase Complexity:

Ideas for Simplifying Activity

Your son/daughter can be the money handler during routine activities that require money exchange: carry it, take it out, hand it over.

Ideas for Increasing the Complexity of the Activity

Keep track of expenses for recreation-leisure activities for one month. Help your son/daughter plan a budget incorporating these expenses for the next two months.



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