

Grief Support for Families of Children with Deaf-Blindness

Sensing Connections - Level 1: Peer-to-Peer Grief Support for Families of Children with Deaf-Blindness

These web-based, peer-to-peer meetings allow parents who have lost a child an opportunity to process their grief and learn coping strategies that have helped others. The meetings will be held on Wednesday evenings at 5:30 PT/6:30 MT/7:30 CT/8:30 ET for 90 minutes. We ask interested parents to commit to the entire 6-month series (10 total meetings). Enrollment is free. All participants are sent a participant packet with descriptions of the topics that will be covered at each meeting and suggested resources.

If you are interested in joining this group, please contact:

- Molly Black, Family Consultant for the Pennsylvania Deaf-Blind Project
– mblack@pattan.net Or [register online](#).

Group Meeting Dates	Topic
Session 1 – September 13, 2023	Welcome
Session 2 – October 11, 2023	Weaving Through Grief
Session 3 – October 25, 2023	Grieving as a Juggling Act
Session 4 – November 1, 2023	“I Wish I Would Have...”
Session 5 – November 15, 2023	Safety and Grief
Session 6 – December 6, 2023	Internal and External Pressures
Session 7 – January 10, 2024	Food, Fellowship, and Sharing
Session 8 – January 24, 2024	Impact of Loss on Your Health and Well-Being
Session 9 – February 7, 2024	Tribute Night
Session 10 – February 28, 2024	Pearls of Wisdom

Sensing Connections - Level 2: A Community of Families Celebrating their Loved Ones with Deaf-Blindness

These web-based, peer-to-peer meetings are intended for individuals who have completed the Level-1 sessions and want continued peer support. Meetings occur once a month on Wednesday evenings for 60 minutes. Group members can attend any meetings of interest to them, but unlike the Level-1 group meetings, are not asked to commit to all. Enrollment is free. Members share responsibility for determining discussion topics and assist in leading the meetings. Some meetings will feature guest speakers, journaling and/or review of books, as determined by the group.

Additional Resources

For information about additional sources of support, see [Resources for Grieving Families](#).



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