

Socialization Checklist for Developmentally Disabled Young Adults

Adapted with permission from the Helen Keller National Center

Young adult/ I...	Does he/she (or do I) want to learn it?	Teach it	Partially support it	Fully support it
Greets others; says hello or shakes hands <ul style="list-style-type: none"> • Responds to prompts to greet • Smiles in response to greeting • Reciprocates greeting • Gains attention of another appropriately before greeting • Initiates greeting 				
Recognizes/states name or uses name sign of familiar person and self <ul style="list-style-type: none"> • Copies name sign • Greets other person using their name sign • Follows basic direction with name signs (prompted) • Responds to "what is your name". • Requests to know another person's name 				
Turn Taking <ul style="list-style-type: none"> • Performs activity in close proximity to others • Shares materials and work space • Shares activity with another by turn taking • Informs others to take turn • Offers assistance to another 				
Communication Skills <ul style="list-style-type: none"> • Behaviorally acts upon the environment to obtain desired response • Manipulates object/person to attain desired object • Directs a person's attention to an object or location • Requests a desired item or assistance from a peer using gestures requests a desired 				

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item using pictures or object communication book <ul style="list-style-type: none"> • Requests using single word or sign utterances • Requests using 2-3 words or signs 				
Makes choices <ul style="list-style-type: none"> • Using pictures or real objects • Selects preferences based on color/texture/taste or past experience • Communicates yes/no to accept or reject item or activity 				
Follows basic directions				
Leisure skills <ul style="list-style-type: none"> • Has preferred leisure activities • Locates work area and materials for leisure activities • Manipulates basic materials (tape, glue, scissors) • Cleans up work area and materials • Displays enjoyment during activity • Demonstrates use of both hands working together (bi-manual coordination) • Demonstrates finger dexterity • Organizes work space • Works up to 30 minutes on preferred activity. 				



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