

Usher Syndrome Coalition 2017

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National Center on Deaf-Blindness

USHER SYNDROME
COALITION

Where is Everybody?

Starting a National Dialogue on Finding Children with Usher Syndrome

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My Background

- Many years working with adults who are deaf-blind
- Part of the original Technical Assistance Center staff in 1984
- Worked for DB-LINK as Information Specialist
- Usher Syndrome Coalition since 2015

Usher Syndrome Coalition

- Exclusively focus on Usher syndrome
- International, all ages, all types of Usher syndrome
- Provide information, resources and support
- Bridge between research community and Usher community

Goals for Webinar

- Overview of Usher syndrome
- A look at the numbers
- Resources through the Usher Syndrome Coalition

Overview of Usher syndrome

Usher Identified

- 1858 - First described by German ophthalmologist
- 1914 - Charles Usher, British ophthalmologist studied 69 individuals

Usher syndrome

- Congenital bilateral sensorineural hearing loss (SNL)
- Retinitis pigmentosa (RP)
- Vestibular issues

FAQs

- Most common genetic cause of combined vision and hearing loss
- Recessive; affects males and females
- 3 major subtypes

Usher syndrome Type 1

- Profound hearing loss (deaf)
- Early onset RP (first decade of life)
- Vestibular (balance) problems
- USH 1B, 1C, 1D, 1E, 1F, 1G

Usher syndrome Type 2

- Moderate to severe hearing loss (hard of hearing)
- RP evident in teen years
- No balance problems
- USH 2A, 2C, 2D

Usher syndrome Type 3

- Progressive hearing and vision loss.
- Progressive balance loss.
- Rare - more common in Finland and Ashkenazi Jews
- USH 3A

Atypical Usher syndrome

- Doesn't fit any of the first three categories:
 - symptoms do not fully express OR
 - symptoms are absent

A Look at the Numbers

Prevalence of Usher

- Conservative: 3%-6% of children with congenital bilateral SNHL
- More likely: 8-10% of children with congenital bilateral SNHL

Congenitally Deaf/HOH Children

- CDC – 4,000,000 babies born annually (2015)
- 3/1000 born with congenital bilateral SNHL=
12,000/year
- 21 years x 12,000 =252,000 congenital D/HOH youth

Children with Usher, 0-21

- 252,000 congenital D/HOH youth, 0-21
 - 3% = 7,560
 - 6% = 15,120
 - 8% = 20,160
 - 10% = 25,200

Another Way to Look at it

- Researchers estimate 50,000 with Usher in USA
- Life expectancy – 80
- $50,000 \div 80 = 625$ Usher births/year
- $625 \times 21 = 13,125$ children with Usher

What We Have

- USH Trust – 180 children 0-21
- NCDB 2015 - 295 with Usher
 - Actual # eligible to receive services in 2015 = 352
 - Slight increase over past 6 years
 - Largest increase Usher 1

The BIG question

Where are the
THOUSANDS
of children with Usher syndrome in the
US?

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Perhaps...

- Not yet identified with Usher
 - Medical community unaware of Usher
 - Hearing loss identified; retinitis pigmentosa (RP) not on radar
- Identified and living well
 - Cochlear implant or hearing aid; vision still very good
 - Don't see a reason to identify formally through program or registry

Or...

- Don't know that anyone else with Usher is out there
- Unaware of resources:
 - Usher Coalition
 - NCDB/state projects
 - HKNC

Better Identification Could:

- Change the profile of deaf-blind child count (are we ready for that?)
- Provide supports to children and families
- Learn about Usher in its entirety – natural history
- Inform community about resources, treatments, trials, cure

Identification Efforts

- Newborn hearing screenings great
- Medical profession still unaware of Usher
 - Pediatric ENT “doesn’t matter where hearing loss came from”
- Statewide screenings at schools for the deaf
 - What happened to that data
 - Are any states continuing that practice?

Usher Syndrome Coalition Resources

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USH Trust Registry

- USH Trust registry
 - Only Usher syndrome
 - Worldwide
 - Inclusive of all ages/types
 - Multiple languages/one database
 - www.usher-registry.org

Unraveling USH

- Collaboration with Project Usher/Stephen A. Wynn Institute
 - Genetic testing
 - Definitive diagnosis needed for participation in studies, treatment, if desired
- Financial assistance available
- Website - Step by step process, letters and forms at:
<https://www.usher-syndrome.org/take-action/join-the-family/family-network.html>

Other Resources

- USH Talks - short webcasts about Usher and related topics <https://www.usher-syndrome.org/what-is-usher-syndrome/presentations/ush-talks-library.html>
- USH Connections – annual conference/symposium (July) <https://www.usher-syndrome.org/about-the-coalition/event-calendar.html/event/2017/07/15/9th-annual-ush-connections-conference/130502>
- USH Blog – individual reflections <https://www.usher-syndrome.org/our-story/ush-blog.html>

Global Awareness

- Social Media
 - Facebook: <https://www.facebook.com/UsherSyndromeCoalition>
 - Twitter: @UsherCoalition
- Own the Equinox Campaign

Support. Treatments. Cure.

- Young children and families stand to benefit the most
- Can't benefit if they don't know
- Cure RP within 10 years?
- Need genetic verification to participate

We Agree!

“The opportunity for early identification, intervention and the provision of instructional services aimed at the unique needs of young children and students who are deaf-blind is a critical component that cannot be lost.” **NCDB 2015 Report**

Thank You NCDB!

Linda, Sam, Gail and Robbin for the opportunity to present this webinar and continue to work together.

Mark Schalock providing awesome demographic details

Stay Tuned!

NCDB will be presenting an USH Talk with an overview of services available for children with Usher syndrome and their families.

Usher Syndrome Coalition Contacts

USH Trust Registry: www.usher-registry.org

Web site: www.usher-syndrome.org

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